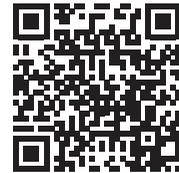




David Cheong, M.D.

Dr. David Cheong is one of a handful of select surgeons performing total knee replacements using a lateral approach. This next generation of total knee replacements has significant benefits for patients versus the traditional frontal approach, providing patients with a faster and less painful recovery. Dr. Cheong has been practicing locally in the Tampa Bay area since 2007.

Watch Dr. Cheong explain
lateral total knee replacement
in a quick video



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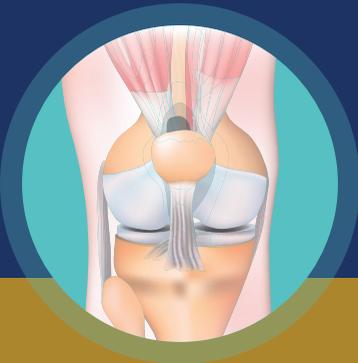
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Faster recovery
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Left Side Lateral Approach
Right Side Midline Approach

FREQUENTLY ASKED QUESTIONS:

Q What is Unique about this type of Total Knee Replacement?

A Technically, the Lateral Approach Total Knee Replacement Surgery is a unique surgical approach that allows the surgeon to avoid cutting the quadriceps muscle, a major recovery factor in traditional total knee replacement surgery. Practically, the Lateral Approach Total Knee Replacement Surgery is a muscle-sparing surgery that places the surgical incision on the outside (lateral) aspect of the knee instead of the traditional midline approach. When the quadriceps muscle is not cut, it allows the patient a faster recovery from the reconstructive surgery.

Q What are the advantages of Lateral Approach Total Knee Replacement Surgery?

A Faster Recovery - Since the surgery avoids cutting into the quadriceps muscle, the surgical approach enables the return of both strength and motion. Patients also begin building confidence in their knee at an accelerated rate. Many who undergo the surgical procedure will typically be walking the same day as the surgery and can even go home within a few hours of their surgery. Physical therapy is initiated quickly after surgery, allowing many patients to transition from recovery to their "routine" as early as six weeks after surgery.

Less Pain - All muscles have nerves associated with them. Nerves make muscles move, give proprioceptive feedback, and impart feeling and sensation. If a muscle is not cut or severed, these nerves avoid injury, allowing the body to function more rapidly after surgery.

Improved Functional Outcomes - With the surgical scar on the side of the knee, fewer branches of the medial saphenous nerve are disrupted versus the traditional midline approach. Patients report less numbness and cutaneous nerve irritation following the surgery. Additionally, the practical placement of the incision places what may be a sensitive scar away from the frontal contact area of the knee. Studies have shown improved functional outcomes with muscle-sparing surgeries based on Knee Society Score data and Range of Motion data on physical exams. Those with the lateral approach may have an improved gait that more closely resembles that of a normal knee compared to patients who underwent the traditional approach three months after surgery.



Patients who undergo a Lateral Approach Total Knee Replacement Surgery are able to combine these advantages with those of a total knee replacement and use them for a faster recovery and a better surgical experience.